

MINISTERUL EDUCAȚIEI, CERCETĂRII ȘI INOVĂRII
UNIVERSITATEA ECOLOGICĂ DIN BUCUREȘTI
FACULTATEA DE EDUCAȚIE FIZICĂ ȘI SPORT



SESIUNE ȘTIINȚIFICĂ INTERNAȚIONALĂ
„EDUCAȚIA FIZICĂ ȘI SPORTUL ÎN CONTEMPORANEITATE”

BUCUREȘTI
8 MAI 2009

EDUCAȚIE FIZICĂ ȘI SPORT DE PERFORMANȚĂ

Președinte de onoare
Prof. univ. dr. Firea Elena

Decan
Conf. univ. dr. Sanda Toma Urichianu

Secretar științific,
Lect. univ. Dr. Neder Florina

Colectivul de organizare

Conf. univ. dr. Potop Vladimir - Șef de catedră
Lector univ. dr. Florina Neder - Secretar științific
Lector univ. Dr. Marius Dima
Lector univ. dr. Xenia Ivanov
Asist. Univ. Burac Ioan

Programul sesiunii

Vineri 8.05.2009

9 ⁰⁰ – 10 ⁰⁰	Înscrieri – coffee break
10 ⁰⁰ - 10 ³⁰	Deschiderea oficială a sesiunii
10 ³⁰ - 12 ³⁰	Prezentări în plen
12 ³⁰ – 13 ⁰⁰	Pauză de cafea
13 ³⁰ – 16 ³⁰	Prezentare lucrări pe secțiuni
16 ³⁰	Recepție festivă

FORMS OF EDUCATION IN PHYSICAL TRAINING AND SPORT, Univ. Prof. Dr. Elena Firea

ARIABLES OF PHYSICAL TRAINING (VOLUME – INTENSITY – DENSITY - COMPLEXITY), Tudor Olimpius Bompa Prof. Dr. H.C.– Honoured Coach, Prof. Anton Muraru

RELEVANCY OF THE RESPIRATORY MUSCULATURE TRAINING DURING THE ROWER'S TRAINING SESSIONS, Assistant Professor Ph.D Sanda Toma-Urichianu

LES ACTIVITES PHYSIQUES ADAPTEES EN LICENCE APAS A BREST : LA DYNAMIQUE DE LA PRISE EN CHARGE COMME MECANISME DE CONSTRUCTION DE SOI, Contant Anne-Claude Professeur agrégée en EPS

LES STRATEGIES DE GESTION SPONTANEMENT UTILISEES PAR DES ELEVES EN EDUCATION PHYSIQUE ET SPORTIVE, Kermarrec Gilles
NATATION : SOURCE D'EQUILIBRE PHISIQUE, PSYHIQUE ET MORAL, Aurora Orez Bernicot, Prof. Vac.

MANAGEMENTUL CURRICULUM-ULUI SPECIFIC JOCURILOR SPORTIVE – VOLEI PE NISIP – ÎN ȘCOLILE ELEMENTARE CU PROGRAM PRELUNGIT DIN GRECIA, Drd.Peropoulos Evangelos - Prof. univ. dr. Bogdan Gugu-Gramatopol

IMPLICATIONS OF THE PERSONALITY IN THE SELECTION FOR HIGH PERFORMANCE SPORT, University Reader Ph.D Sanda Toma Urichianu, Adrian-Ion Urichianu

STUDY ON MOTOR TEACHING AS PROCESS, University Reader Ph.D Sanda Toma-Urichianu, University Reader Ph.D Iordache Enache

THE MILITARY PHYSICAL EDUCATION – BETWEEN CONTENT AND USEFULNESS, Colonel George Boro

METHODICAL PARTICULARITIES OF SELECTION REGARDING THE BIOLOGICAL MODEL OF THE PERFORMER OF TODAY AND TOMORROW IN THE PERFORMANCE TENNIS, University Guest Ph.D.Lecturer Carp Ion, University Lecturer Ph.D Segarceanu Aurel,

THE FIVE POTENTIALS OF THE SPORTS PERFORMANCE, Univ. Lecturer Firiteanu Vasile Nicolae, Doctoral Student

INDIVIDUALIZATION - PRINCIPLE AND METHOD, University Lecturer Firiteanu Vasile Nicolae Ph.D, Univ. Prof.Dr.Rișneac Boris, University Lecturer Ph. D Dima Marius Dumitru

THE METHOD OF LEARNING SKIING BY MEANS OF THE SUMMARIZED STRUCTURING OF THE THEORETICAL CONTENTS, University Lecturer Ph.D Leonte Ion., Exp. Sports expert CSA STEAUA Bucharest, Netolitzchi Anton Marian – CSA STEAUA

LEISURE?, Assistant Professor Ph.D Anton Margareta, Univ. lect. Ph.D. Bucuresteanu Liliana, Univ. lect. Drd. Mircioaga Doina, Drd. Heltne Anca

STUDY ON THE DYNAMICS OF DRIVING SKILLS OF HIGH SCHOOL STUDENTS ACCORDING TO CONTEMPORARY DIDACTIC STRATEGIES, Asist.univ.drd. Teodora Iconomescu

STUDY ON THE DYNAMIC OF DRIVING QUALITIES' DEVELOPMENT INDICES OF STUDENTS IN SECONDARY EDUCATION USING CONTEMPORARY TEACHING STRATEGIES, Asist.univ.drd. Teodora Iconomescu

OBJECTIVES AND ASSESSMENT OF THE RELATIONSHIPS BETWEEN SOME OF THE TECHNICAL PROCESSES OF BASKETBALL AND MOTOR SKILLS THAT SUPPORT THEIR EXECUTION, Barbuica Iulius Sorin, Ghitescu I, Alina Moanta, Crisan Remus

DETERMINATIVE RELATIONS BETWEEN THE STRUCTURE OF AN ACTUATING ACTIVITY, NUMBER OF REPETITIONS, TIME OF EXECUTION AND PERFORMANCE ACHIEVED, Barbuica Iulius Sorin, Ghitescu I, Alina Moanta, Crisan Remus

GENERAL ASPECTS AND METHODS OF SKILL DEVELOPMENT, Univ. Assistant Ioan Burac

STUDY OF THE MOTOR POTENTIALITIES AT JUNIORS' LEVEL (17-18 years old)- VOLLEYBALL BOYS, Teacher Ph.D. Milea Nicolae, Teacher of 1st rank - Miha Ana, Teacher of 1st rank - Șerban Elena, Teacher of 2nd rank - Cozea Florin

ASPECTS OF JUNIOR SPRINTERS' TRAINING SESSIONS, Univ. Lecturer Ph.D Florina Neder

THE CAPACITY OF EFFORT OF THE FOOTBALL PLAYERS – THE EVENT OF PROGRESSIVE BACK AND FORTH RUNNING FOR 20 METERS WITH ONE MINUTE PAUSES – VAMEVAL, University Lecturer Ph.D Dima Marius Dumitru

FACTORS WHICH CONDITION THE SPECIFICITY OF THE PROFESSIONAL – APPLICATIVE PHYSICAL EDUCATION OF THE FUTURE ENGINEERING – ELECTRONICS SPECIALIST, Ambrosie Ionel – Ph.D. Professor

STUDY OF THE PHYSICAL DEVELOPMENT AND SCHEDULING OF THE TRAINING SESSIONS FOR THE PERFORMANCE SPORT DANCERS 19-35 YEARS OLD BY SPECIFIC AND NON-SPECIFIC MEANS, Univ. Lecturer, Doctorate Candidate Grigore Maria, Prof. Doctorate Candidate Grigore Virgil, Assistant Professor Ph.D. Potop Vladimir

WUSHU SCIENTIFIC SPORT, Univ. Lecturer, Doctorate Candidate Mihai Ionescu Leonard

SPATIO-TEMPORAL SYNCHRONIZATION AND ITS IMPLICATIONS ON THE DANCE SPORT TECHNIQUE, Univ. Lect. Doctorate Candidate Jelescov Cristina, Assistant Professor.Dr. Potop Vladimir, Teacher Jelescov Virginia

PHYSICAL TRAINING CLASS – AN ABSOLUTE NECESSITY, Teacher Cozea Daniela, 2nd rank Teacher Dinu Marinel

STUDY OF CASE BEHAVIORAL - SPORTIVE IMPROVEMENT OF THE VOLLEYBALL PLAYER TOMA VOICU, Univ. Lecturer Dr. Ion Leonte, Univ. lecturer Dr. Xenia Ivanov

METHOD FOR QUALITATIVE EVALUATION FOR THE TECHNIQUE OF PERFORMING ATHLETIC SAMPLES FROM SCHOLAR CURRICULA, Claudiu Mereuță, PhD. Lecturer

IMPROVING THE ATHLETE'S PERFORMANCE USING THE MECHANISMS OF VISUAL INFORMATION, Claudiu MEREUȚĂ, PhD. Lecturer

SELECTION STRATEGY AND PHISICAL PREPARATION OF CHILDREN AND JUNIORS IN MODERN RUGBY, Nicolae Ungureanu, professor

STUDY REGARDING THE DEVELOPMENT OF THE SPEED OF REACTION OF STUDENTS FROM THE IX-XII CLASSES, Prep. Univ. Drd. Sava Mihai Adrian, Prep. Univ. Gorgan Carmina Mihaela

BLANKA VLAŠIĆ – AN OUTSTANDING HIGH JUMPER, PhD Iniversity lecturer Florina Neder, CFM Teacher Phd. Denisa Popovici

THE LATERAL DOMINANT AND THE DEXTERITY IN EXECUTING SOME TECHNICAL PROCEDURES IN BASKETBALL TRAINING PROCESS, prof. drd. Nicoleta Leonte, prof. drd. Corina Dinciu

ANALYSIS OF SPECIALISTS' OPINIONS ON THE ISSUE OF PHYSICAL PREPARATION OF STUDENTS FROM THE UNSPECIFIC FACULTIES ENROLLED IN COURSES "ATHLETICS", Asist.univ. drd. Monica Pîrvu

THE INFLUENCE OF ATHLETICS IN THE PHYSICAL TRAINING OF BEGINNER BASKETBALL PLAYERS DURING THE TRAINING PERIOD, Asist. univ. drd. Monica Pîrvu, Lect. univ. drd. Robert Sakizlian

STUDY OF PROVIDING AN OPTIMUM RELATIONSHIP BETWEEN THE PHYSICAL TRAINING AND TECHNICAL TRAINING IN THE PREPARATION OF THE TEETERBOARD DUO ACT FROM THE ACROBATIC ART, Assistant Professor Dr. Potop Vladimir, Teacher 2nd degree, Doctorate Candidate Cîmpeanu Mariana, Univ. Prep., Doctorate Candidate Ulăreanu Marius

STUDY REGARDING THE TAKING CONTROL OF THE BALL FROM THE OPPONENT AT A FOOTBALL TEAM OF SENIORS „A” DIVISION, Asisstant Professor dr. Potop Vladimir, Assistant Professor dr. Rotaru Andrei, Univ. Prep. Doctorate Candidate Ulăreanu Marius

SPORTS SELECTION IN THE BIG TENNIS IN SYSTEM OF LONG-TERM PREPARATION, Univ. Lecturer Ph.D Segarceanu Aurel., Univ. Lecturer Ph.D Timnea Olivia

CONSIDERATIONS RELATING TO PARTICIPATION MASTERS AT WORLD SWIMMING CHAMPIONSHIPS IN 2008, asist. univ. Diana Sima, asist. univ. dr. Kari Georgeta

COMPETITIVE EFFICIENCY OF THE SPORTS BRANCH DEPARTMENTS, Univ Lecturer Ph.D. Stan Elena Amelia

STUDY REGARDING THE LINK BETWEEN THE CONTENT OF GYMNASTICS IN THE SCHOLASTIC CURRICULUM AND ITS REFLECTION IN THE TRAINING OF STUDENTS, University Lecturer Ph.D. Gabriel Talaghir

THE TEACHING OF GYMNASTIC ELEMENTS THROUGH THE PERSPECTIVE OF MODERN METHODS OF TRAINING, Lector dr. Talaghir Laurențiu – Gabriel

THE PHYSICAL PREPARATION IMPROVEMENT INSIDE THE VOLLEYBALL TEAM, Lect.univ. dr. Xenia Ivanov

MEDICINA SPORTIVĂ ȘI KINETOTERAPIE

SPORT ET MORALE MEDICALE : LE CAS DU CANOEING FRANÇAIS EN 1900, Antoine MARSAC, Docteur

FITNESS – SPECIFIC WAY OF POST-TRAUMATIC RECOVERY OF THE LEG. CASE STUDY, Univ. Lecturer, Doctorate Candidate Cheran Cosmina, Assistant Professor Dr. Potop Vladimir, Univ. Prof.Dr.Rîșneac Boris

PHYSIOLOGIC ASPECTS IN THE FOOTBALL GAME, Univ. Lecturer Ph.D Timnea Olivia, University Lecturer Ph.D Dima Marius Dumitru

VARIA

L'INNOVATION SPORTIVE: DE LA SOCIOLOGIE AU MANAGEMENT DU SPORT, Antoine MARSAC, Docteur

NCAA – NATIONAL COLLEGIATE ATHLETIC ASSOCIATION, Student Urichianu Mihai Lucian

THE SECRET OF THE FIVE CIRCLES, Mihai-Lucian Urichianu, Student

STUDIES OF THE GROWTH OF THE GENERAL CENTRE OF GRAVITY HEIGHT OF SCHOOL CHILDREN, University Reader Ph.D. Gavrilescu Dora

MONDAYS CAN BE FUNNY, Florina Olaru

CONSIDERATIONS REGARDING TOURISM IN BRAILA COUNTY, Captain drd. COMAN PETRICĂ